



# **NDSU VOLLEYBALL**

## **HIGH PERFORMANCE CAMP 2023**

### **THURSDAY, JULY 20<sup>TH</sup>**

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		<b>LOCATION:</b>
12:30-1:15 PM	CHECK-IN <i>LUNCH IS <b>NOT</b> PROVIDED ON MONDAY, JULY 12<sup>TH</sup></i> <i>*RESIDENTS WILL PUT BELONGINGS IN CHURCHILL HALL</i>	BBF
1:30-5:00 PM	SESSION I	BBF
5:00 PM	DINNER <i>ALL CAMPERS</i>	WDC
6:30-8:30 PM	SESSION II	BBF
8:30 PM	DORM MEETING <i>RESIDENT CAMPERS ONLY</i>	BBF

### **FRIDAY, JULY 21<sup>ST</sup>**

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8:00-8:30 AM	BREAKFAST <i>RESIDENT CAMPERS ONLY</i>	WDC
9:00-12:00 PM	SESSION III	BBF
12:00 PM	LUNCH <i>ALL CAMPERS</i>	WDC
1:30-5:00 PM	SESSION IV	BBF
5:00 PM	DINNER <i>ALL CAMPERS</i>	WDC
6:30-8:30 PM	SESSION V	BBF

### **SATURDAY, JULY 22<sup>ND</sup>**

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8:00-8:30 AM	BREAKFAST <i>RESIDENT CAMPERS ONLY</i>	WDC
9:00-11:45 AM	SESSION VI	BBF
11:45 AM	CAMP CONCLUSION <i>AND RESIDENTS CHECK OUT OF DORMS</i>	BBF

*BBF = Bentson Bunker Fieldhouse  
WDC = West Dining Center*

- CAMPERS WILL BE DIVIDED INTO GROUPS BASED ON SKILL AND AGE LEVEL AT THE CONCLUSION OF SESSION I
- CAMP SESSIONS WILL BE HELD IN THE BENTSON BUNKER FIELDHOUSE (BBF)
- PLEASE CONTACT *KELLY LOPEZ (701.526.6498)* WITH ANY QUESTIONS OR CONCERNS